Pigeon Breast, Roast Asparagus, Sautéd Smoked Pancetta & Mushroom Dressing

Ingredients

8 pigeon breast
12 English asparagus spears (trimmed)
50g diced smoked pancetta
50g mixed mushrooms
50ml balsamic vinegar
50ml olive oil & extra for cooking
1 tsp Dijon mustard
1 tbsp toasted pinenuts
Half lemon
1 bunch of watercress

- Pre-heat an oven to 220°c, toss the asparagus in a little oil, season with salt & pepper and roast in a single layer for 12-15 mins depending on thickness, remove and squeeze over the lemon
- In a medium hot frying pan add a little oil and place pigeon breasts and cook for 2 mins either side, add a nob of butter and baste then remove and let rest
- Put pancetta in a pan and cook until crispy, add mushrooms and cook
- Deglaze with balsamic, add Digon and olive oil & mix to an emulsion
- Serve, sliced breasts in half, drizzle with dressing, sit 3 asparagus spears on top & finish with watercress & toasted pinenuts

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